

Certificate in Gerontology

Between 2015 and 2060, the number of older adults (aged 65-plus) in the United States is projected to rise from 50 million to 95 million; and will soon represent more than one out of every five Americans. This remarkable and unprecedented societal change will create numerous and unique opportunities for those interested in occupations related to the field of aging.

The *Certificate in Gerontology* at CSUSB is designed for undergraduate students from a variety of disciplines, and with a variety of career goals. Although traditionally completed by students in Sociology, Psychology, Health Science, and Kinesiology; this certificate is open to all majors. Successful completion of the certificate will not only impart competency in gerontology, but it will also expose the student to a range of perspectives in this emerging interdisciplinary field.

Certificates may be earned by regularly matriculated or extended learning students and denote successful completion of a prescribed program of study designed to:

1. impart specified professional/vocational/career competencies; or
2. produce mastery of the content of a sub-field of an academic major (discipline); or
3. provide exposure to the range of materials in a traditional or emerging interdisciplinary field.

Certain certificate programs contain 6000-level courses as requirements and/or electives. These 6000-level courses may not be taken by undergraduate students. Candidates must receive two-thirds of their certificate-applicable credit from the university. The transferring of credit or the substitution of courses may occur only after application to the appropriate campus authority.

Certificate Requirements (18 units)

Core Requirements (9)

Nine units chosen from: 9

HSCI 4023 Health and Wellness of Older Adults

SOC 3300 Aging and The Lifecourse

PSYC 3329 Psychology of Adulthood and Aging

KINE 3600 Physical Activity and Aging

Electives (9)

Nine units chosen from: 9

HSCI 3060 Medical Care Organizations

HSCI 3067 Human Diseases and Disorders

HSCI 3204 Public Health Nutrition

or HSCI 4680 Public Health Nutrition in Dietetics

HSCI 3556 Housing, Institutions, and Land Use

HSCI 3602 Lifecycle Nutrition and Assessment

HSCI 4550 Health Aspects of Death and Dying

HSCI 5753 Field Experience in Health Science (with Gerontology component)

PSYC 3303 Parenting and Family Relations

PSYC 3318 Health Psychology

PSYC 3324 Developmental Psychobiology

PSYC 3345 Cross-Cultural Psychology

PSYC 5540 Work, Retirement, and Leisure

PSYC 5575 Internship (with Gerontology component)

SOC 3400 Sociology of Families

SOC 3550 Medical Sociology

SOC 3560 Sociology of Mental Health

SOC 4180 Social Welfare in the U.S.

SOC 4340 Community Organization

SOC 5300 Global Aging

SOC 5751 Internship and Practicum (with Gerontology component)

KINE 3100 Introduction to Adapted Physical Activity

KINE 3400 Psychology and Sociology of Human Movement

KINE 3810 Sport and Exercise Nutrition

KINE 4400 Exercise Testing and Prescription

KINE 4700 Clinical Exercise Physiology

Total Units

18