

Counseling-Educational Counseling (COUN)

Courses

COUN 3101. Introduction to the Counseling & Helping Professions. Units: 3

This is an introduction to the Counseling & Social Change minor and a prerequisite for COUN 3103. Students are exposed to themes that cut across counseling and helping professions, including listening skills, the experience and value of compassion and compassionate action, the ethics of caring, and the effects of power relations in the helping profession. Professional pathways will be explored including, degree requirements, nature of the work, types of clientele served, theoretical modalities, work sites, ethical dimensions, and desirable personal characteristics.

COUN 3102. The Social Construction Of Relationships. Units: 3

This course emphasizes how the construction of identity is shaped through experiences that are tied to social, political, cultural and environmental processes that intersect with various forms of institutionalized power, privilege and oppression.

COUN 3103. Introduction To Counseling Skills & Practices. Units: 3

Semester Prerequisite: COUN 3101

Counseling is an interpersonal process with culturally-based ideas and practices that has effects on social interaction, interpersonal communication, and social change. This is an introductory course to counseling and compassionate listening skills with a particular focus on understanding how stories are constructed and shape identities utilizing an active and participatory learning experience. May be taken twice for a total of 6 units. THIS COURSE DOES NOT PROVIDE PROFESSIONAL COUNSELOR PREPARATION STATUS.

COUN 3104. Counseling & Social Change. Units: 3

This course provides a critical analysis of issues and actions needed to advance social justice in counseling practice. It attends to the contemporary social, cultural, and economic issues that often negatively affect the lives of clients. The emphasis is on promoting social change within the counseling context among client groups that have historically been marginalized or oppressed in some fashion.

COUN 5953. Independent study in counseling. Units: 3

Independent study in counseling as needed to fulfill graduation requirements. Individualized course requirements will be specified in each course syllabi to meet necessary standards and evaluative measures.

COUN 6220. Introduction to Counseling. Units: 3

Quarter Prerequisite: approval of admission portfolio

Introduction to basic and intermediate counseling practice, theories, and techniques. In order to ensure that students continue in the program, it is necessary to achieve a B or better in this course.

COUN 6221. Introduction to Research & Evaluation. Units: 3

Introduction to the vocabulary, design, and sources of quantitative, qualitative, and evaluation methodologies. Ethical strategies are examined for the collection of data and how data is reported. Research reports, including the identifying and development of trends, are studied. Students will be expected to critique trends in research and understand how professional practices of power influence such trends. May be taken two times for six units. This course meets the graduate writing requirement.

COUN 6222. Law & Ethics in Counseling. Units: 3

Discussion of ethical and legal constraints and considerations in the delivery of counseling services.

COUN 6223. Learning Theories. Units: 3

This course focuses on the developmental theories of learning and how this impacts a child's educational experiences. Emphasis on learning theories that covers both general and special education, the impact of individual differences and development of learners, and evaluation of learning and instructional models. This knowledge is geared towards the development of counselors as allies to both children, teachers, and administrators in a school system. Special attention will be paid to positive behavior interventions and the awareness of how classroom management techniques may support or discourage learning.

COUN 6224. Advanced Counseling. Units: 3

Semester Prerequisite: COUN 6220

Supervised practice in counseling in a classroom setting and with clients. Includes 30 hours of practice. This course requires a B or better for students to remain in good standing in the program and progress to placement courses.

COUN 6225. Systems Consultation. Units: 3

Systems theory as it applies to families, schools, and larger systems of care. Theory and methods of consultation with families regarding students' success. Inclusion of the family system in consultations with teachers and other professionals. May be taken two times for six units.

COUN 6226. Conflict Resolution. Units: 3

Understanding and responding to conflict in relationships, schools, and communities. Includes conflict coaching, mediation, and conferencing practices. May be taken two times for six units.

COUN 6227. Counseling Theories. Units: 3

Theories and practices of counseling; applications to educational and community settings.

COUN 6228. Addictions Counseling. Units: 3

Diagnosis of addictions and counseling of persons affected by addiction to legal and illegal substances.

COUN 6229. Socio-Cultural Counseling. Units: 3

Theory of and practical applications of counseling to serve diverse groups of people in school and community settings. How counseling can contribute to social justice for people from various gender, ethnicities, races, social class, sexual orientations, and religious backgrounds. May be taken two times for six units.

COUN 6230. Human Development in Counseling. Units: 3

This course will cover the history of human development through the lifespan, with particular attention paid to the political and historical forces that influenced ideas and practices. May be taken two times for six units.

COUN 6231. Group Counseling. Units: 3

Theory and practice of group counseling in schools or community and mental health settings. Includes 30 hours of practice. May be taken two times for six units.

COUN 6232. Career Counseling. Units: 3

This course provides an overview of career counseling, career education and application of career counseling and guidance to schools, educationally related agencies and special settings.

COUN 6233. Practice Based Placement. Units: 3

Quarter Prerequisite: COUN 6220, 6222, 6224, 6229 & 6231; Certificate of clearance from the CTC, Valid and current TB skin test (within the last three years)

Advanced practice-based placement in either a school/educational setting OR a community or mental health setting under the supervision of certificated and/or licensed personnel. May be taken five times for 15 units.

COUN 6234. Diagnosis. Units: 3

Principles of the diagnostic process. Use of diagnostic tools. The impact of co-occurring substance abuse and medical disorders. Diagnostic interviewing skills. Planning for treatment and documentation.

COUN 6235. Crisis and Trauma Counseling. Units: 3

This course surveys the theoretical foundations and approaches to crisis intervention and the treatment of the effects of trauma. Emphasis is given to understanding the concepts of crises and trauma through a poststructural lens, focusing on incident debriefing techniques and narrative strength inquiries when responding to crisis situations in clients lives.

COUN 6236. Psychopharmacology. Units: 3

Understanding the purposes and effects of the main pharmaceuticals used in mental health settings.

COUN 6237. Appraisal. Units: 3

Individual and group measurement with emphasis on behavior observation skills, test interpretation in counseling, and an introduction to personality, intelligence, vocational, achievement and projective measurements.

COUN 6238. Aging, Death & Grief in Couples & Families. Units: 3

Theories and research about aging and dying, counseling the dying and the bereaved, and how it impacts couples and families. This includes an understanding of working with older adults, relevant pharmacology, elder abuse, APS reporting, caregiving, and the impact on families using a family systems approach. May be taken two times for six units.

COUN 6239. Family Counseling. Units: 3

This course explores family therapy theories, along with core concepts of general systems theory. Both foundational family therapy theories and postmodern approaches are covered with a focus on application to counseling. A critical contextual perspective is privileged throughout. May be taken two times for six units.

COUN 6240. Professional School Counseling. Units: 3

Theory and practical applications of comprehensive school counseling programs at the elementary, middle and high school levels including guidance curriculum development and program management.

COUN 6241. Gender & Sexuality. Units: 3

Human sexuality and gender across the lifespan and counseling interventions addressing gender identity and sexual relationship issues. May be taken two times for six units.

COUN 6265. Family Violence. Units: 3

Child abuse assessment and reporting. Spousal/partner abuse assessment, and intervention strategies. This course replaces ECLG 665.

COUN 6960. Master's Degree Project. Units: 0

Research project related to counseling conducted under the direction of two program faculty members. Formerly ECLG 697.

COUN 6980. Comprehensive Examination. Units: 0

Quarter Prerequisite: advancement to candidacy, approval of department, completion of course work in the masters program, and in good academic standing

An assessment of the students ability to integrate the knowledge of the area, show critical and independent thinking and demonstrate mastery of the subject matter.