Student Life

Office of the Vice President for Student Affairs

Santos Manuel Student Union South, Room 222 (909) 537-5185 Student Affairs website (https://www.csusb.edu/student-affairs/)

The Office of the Vice President for Student Affairs provides administrative leadership within the division and the university to assist students in attaining their educational goals. This is accomplished through advocacy for providing numerous student services and intentionally creating programs and environments that enhance a student's learning, leadership potential, personal responsibility, and career development. This office administers specific policies regarding student non-academic and discrimination-related grievances, discipline, and emergency calls for students. A more complete statement on student privacy rights is available in the Academic Regulations and Standards (https://catalog.csusb.edu/academic-regulations/) section of the Bulletin of Courses.

Activities

The diverse interests and lifestyles of students are reflected in numerous activities sponsored by the university, the Santos Manuel Student Union (SMSU), and Associated Students Inc. (ASI). These programs include dances, drama productions, choral concerts, semesterly festivals, musical concerts, guest lecturers, and small group socials.

The university, SMSU, and ASI encourage and aid the formation of organizations that enhance students' educational opportunities. These organizations involve students, faculty, and staff working together in professional, recreational, educational, political, service, religious, and cultural activities. University-recognized groups have full use of campus facilities in planning their programs.

To get involved at CSUSB, visit Coyote Connection (https://csusb.campuslabs.com/engage/) to find campus events, learn about specific student clubs and organizations, sororities, and fraternities, and explore a variety of campus-wide engagement opportunities.

Alumni Association

(909) 537-3700 Alumni Association website (http://alumni.csusb.edu/)

Your CSUSB Alumni Association strives to serve and unite alumni for the purpose of advancing CSUSB and the community. Staying connected to other CSUSB alumni and giving back to your alma mater has never been easier! A portion of every alumni association membership fee is donated to our endowment to support programming, events, chapters, student success, and more.

Join today at alumni.csusb.edu/join (https://www.alumni.csusb.edu/s/1874/rd/interior.aspx?sid=1874&gid=2&pgid=547) to stay connected, gain access to exclusive benefits on and off-campus, early registration access to special events, unique volunteer opportunities and so much more!

Connect with us!

Facebook: CSUSB Alumni Relations (https://www.facebook.com/CSUSBAlumniRelations/)

Instagram: @csusb_alumni (https://www.instagram.com/csusb_alumni/? hl=en)

Twitter: @CSUSBAlumni (https://www.twitter.com/csusbalumni/)

LinkedIn: CSUSB Office of Alumni Relations (https://www.linkedin.com/in/csusbalumni/)

Associated Students, Inc. (ASI)

(909) 537-5932 ASI website (https://www.csusb.edu/asi/)

The Associated Students, Incorporated (ASI) serves, empowers, and advocates on behalf of the students at California State University, San Bernardino, through the representation of student interests and needs, the inclusion of students in the decision-making process, the execution of premier events and services, and the provision of opportunities for students to be productive leaders of the campus community and beyond. Some of the services we offer are:

- CAB Funding: The Club Allocation Budget funds chartered campus clubs and organizations for on-campus events and conferences. For more information about the process of applying, contact the Vice President of Finance at asi-finance@csusb.edu or (909) 537-3936.
- Graphic Design: The ASI Graphics team provides a variety of design services for chartered student clubs and organizations at no cost.
 For more information, call (909) 537-7723 or send an email to asigraphics@csusb.edu.
- Howl Squad: ASI's volunteer program offers CSUSB students a chance to get involved in ASI through various leadership opportunities. Students can choose to be part of the event planning process by helping with ASI events or participate in the governance process by serving as a student representative on campus-wide committees. For more information, visit www.csusb.edu/asi/howl-squad (http://www.csusb.edu/asi/howl-squad/).
- Programming: ASI hosts events to engage students in curricular and co-curricular activities that foster a sense of community and campus pride. For information about upcoming events or to submit event ideas, contact asi-programs@csusb.edu.
- Scholarships: As a commitment to academic success, ASI offers scholarships through its general fund as well as to the Athletic and Presidential Academic Scholars programs.
- Coyote Garden: Offering campus community engagement, the garden is cultivated by students who help grow food for campus events and the Coyote Den for distribution back to the student population. Please contact asi.sustainability@csusb.edu.

Athletics

Athletics website (https://csusbathletics.com/)

CSUSB Athletics began in the fall of 1984 and sponsors 10 sport programs. It is a member of the National Collegiate Athletic Association (NCAA) Division II and the California Collegiate Athletic Association (CCAA).

Admission to all home athletic contests is free to CSUSB students with valid student ID. All volleyball, soccer, basketball, and softball home contests take place on the CSUSB campus. The Coyotes baseball team competes at Fiscalini Field in San Bernardino.

The "Yotes" are winners of a 2019 NCAA national championship, 15 regional championships, and 29 conference titles. The Coyote Athletics program promotes Champion Student-Athletes, Champion People, and Champion Performances.

Department of Basic Needs and Student Support

Santos Manuel Student Union South 118

(909) 537-FOOD (3663)

Email: BasicNeeds@csusb.edu

Department of Basic Needs & Student Support Website (https://www.csusb.edu/basic-needs/)

Basic Needs & Student Support Department, services and programs promote holistic well-being development of the student from entry, throughout progress, and beyond completion. We **engage** students inside and outside the classroom to provide basic needs services such as: food, housing, health and wellness, clothing, personal essentials, and financial resources. By **connecting** our students to support programs, we aim to increase persistence and completion, while empowering students to persevere and thrive in their educational journey.

Services and programs offered includes Obershaw DEN, PDC DEN, come grab a snack, Swipe Out Hunger, Cody's Closet - personal care and hygiene items, Holistic Advising, Emergency Grants, Emergency Housing placement, and CalFresh Assistant

SBC is located in the Santos Manuel Student Union South 118, and The PDC DEN is located in Health Science 118.

Career Center

(909) 537-5250 Career Center website (https://www.csusb.edu/career-center/)

Mission

Empowering students and recent alumni, the CSUSB Career Center is dedicated to fostering a comprehensive career readiness skill set that aligns with the evolving global market. Through a blend of exploration, tailored programming, and immersive experiential learning, we guide individuals in achieving their personal and professional aspirations while staying true to the spirit of CSUSB's commitment to student success, research, and regional engagement. By nurturing the holistic growth—professionally, ethically, and intellectually—of our students, alumni, faculty, and staff, we actively promote inclusive environments across industries.

Signature Programs and Services include:

- On-Campus Recruitment: The Career Center hosts 7-8 career fairs per academic year including one Graduate School Fair, with 300 plus employers and 50 plus graduate programs every year. In addition to job and internship fairs, recruitment opportunities include networking sessions, employer led workshops, and meet & greets.
- Handshake: A free online platform for CSUSB students and alumni to explore and apply for jobs/internships, view upcoming career fairs, panels, and workshops each semester.
- Career Counseling: Counselors are available to assist you with choosing, changing your major, career exploration, identifying

- internships, writing a résumé or cover letter, mock interviews, conducting a job search, and graduate school preparation.
- Professional Development Programs: The Career Center
 hosts a series of professional development programs that
 serve to prepare students for engagement and recruitment
 opportunities. Our Career Fair Prep Week is a series of workshops
 hosted by employers on topics ranging from resume, interviewing,
 and networking. In addition, the Career Center leads coordination
 of Hispanic Association of Colleges and University (HACU)
 Conference on behalf of the campus and provides students with a
 two-day preconference to prepare students for the annual event and
 HACU's award programs.
- Clothing Resources: The departments of Basic Needs and Student Support & the Career Center have partnered to relaunch Cody's Closet (https://www.csusb.edu/career-center/career-resources/career-clothing-resources/). The purpose of the clothing closet is to provide CSUSB students with daily personal wear and professional clothing to address clothing insecurities. Cody's Closet provides a FREE clothing resource for CSUSB students to access professional attire appropriate for career fairs, interviews, networking events, and the workplace. Professional attire available includes suits, blazers, skirts, button-down shirts, ties and more. Our aim is for students to feel confident and secure.
- Internships: We offer the Career Center Internship Award (https://www.csusb.edu/career-center/students-alumni/internships/internshipawards/) each academic year to support students participating in an internship opportunity, including assistance with connecting with relevant resources to find on- and off-campus internships year-round.

Children's Center

(909) 537-5928 Website (https://www.csusb.edu/childrens-center/)

The Children's Center's mission is to enable parents of young children to attend CSUSB by providing a preschool program and childcare in a nurturing environment which supports the developing child. Services are also available for staff, faculty, and community as space permits. The Center is open during the academic year (Monday through Friday, 7:00 a.m.-5:30 p.m.) and during Summer Session (Monday through Thursday, 7:00 a.m.-5:00 p.m., closed Fridays). Ages: 3 years (toilet trained) to 5 years. The school-age program only runs during the summer term and serves children from the ages of 6-12. Additional information regarding fees and availability may be obtained from the Children's Center.

Counseling and Psychological Services (CAPS)

Accredited by the International Association of Counseling Services

Student Health Center Building, West Entrance

(909) 537-5040 Counseling and Psychological Services website (https://www.csusb.edu/caps/)

Support from Counseling and Psychological Services is available to currently enrolled students for assistance with personal issues that may interfere with their efforts to achieve their educational or life goals, including adjustment to campus life, loneliness and sense of belonging, relationship concerns, anxiety, depression and other mood concern, grief, trauma, or any other issue of concern. An initial session includes assessment of presenting concerns and recommendations for further counseling at CAPS or referral to community resources. CAPS provides individual counseling, couples counseling, group counseling,

and case management. CAPS also offers workshops on a wide variety of mental health related topics. All services are offered in person and virtually. CAPS is staffed by Licensed Clinical Psychologists, Licensed Marriage and Family Therapists, Licensed Clinical Social Workers, Licensed Professional Clinical Counselors and supervised graduate and post-graduate interns. Fees for CAPS are covered by the health fee paid at the time of enrollment. Although the demand for counseling services is considerable, appointments are usually made within two weeks of the student's initial contact. If students have more urgent needs, they may be seen for same day walk in appointments. To schedule an assessment, call (909) 537-5040. Open Monday through Friday, call for hours. Afterhours support can be obtained by calling the main CAPS phone number and selecting the option to speak with a mental health professional.

Community Engagement

(909) 537-5793

Office of Community Engagement

The Office of Community Engagement (OCE) facilitates service learning, community-based research, and volunteer service by engaging students, faculty, staff, and community partners in collaborative partnerships that serve the public good. We lead the university-wide culture of community engagement as a high-impact practice that contributes to student success. Contact us at: leaveyourpawprint@csusb.edu.

Housing and Residential Education

Cajon Hall-127 (Coyote Village)

(909) 537-4155 Housing and Residential Education website (https://www.csusb.edu/housing/)

Live with the Pack

The Department of Housing and Residential Education (DHRE) takes pride in providing services to students in a safe, well-maintained, inclusive residential community that supports student success. By fostering a healthy living and learning environment and opportunities for holistic growth and development, DHRE supports students as they pursue academic, personal, and professional goals.

Living on campus is convenient (no commute) and provides residents access to all the great academic and social resources campus has to offer. Residents have a unique opportunity to explore who they are while living in a supportive community of other students, faculty, and staff. Additionally, DHRE offers numerous Living Learning Communities (https://www.csusb.edu/housing/life-campus/living-learning-communities/) that support the personal development and academic success of first year, transfer, and continuing residents.

Visit the DHRE website (https://www.csusb.edu/housing/) for more information about the residential experience, how to apply for on-campus housing, or to take a virtual tour.

Office of Ombuds Services

Office Room Number: PL-268

Office Number: (909) 537-5635 or Cell Number: (909) 359-5029 Ombuds website (http://ombuds.csusb.edu)

The term "Ombuds" is a Swedish word which refers to the people's representative. The office of Ombuds Services is a confidential,

independent, impartial, and informal resource for students, faculty, staff, and community. Services include assisting with conflict resolution, disputes, and complaints, exploring options, facilitating communication between parties in various ways, providing information on policies or procedures and making referrals to other resources which may be helpful.

The Ombuds Officer, Director of Ombuds Service' goal is to seek constructive and equitable outcomes for any university related concern.

The service is provided free of charge and works in cooperation with campus constituencies to help resolve issues.

Orientation and First Year Experience (OFYE)

(909) 537-5233 | Orientation and First Year Experience website (https://www.csusb.edu/orientation/)

Orientation and First Year Experience (OFYE) is responsible for developing and implementing welcome and transition programming for newly admitted freshmen and transfer students and their family members at both the San Bernardino and Palm Desert Campuses. The New Student Orientation programs are coordinated through OFYE. Orientation programs offer informative and engaging programming for first-year and transfer students in order to equip them with the information needed to better manage their transition into the university and help set them up for student success here at CSUSB. These transition programs prepare students for academic success, provide knowledge of university resources, encourage involvement in student activities, and help build meaningful relationships. Each orientation program is designed to minimize anxiety and to promote positive attitudes about student success on campus.

There are also great leadership opportunities for students available with OFYE to serve as Orientation Leaders and help with a new students' transition into the Coyote family. OFYE recruits and trains about 50 students to be Orientation Leaders every year. Applications are available in the fall, with training and the primary workload being in spring and summer.

The first year is a critical time for new students to adjust to CSUSB, but also to learn the skills needed to be a successful student. There are a number of first-year experience programs students can partake in to enhance their university experience, including New Student Convocation, the Ask Me! Campaign, First Generation Student Reception, Transfer Student Reception, U-Thrive, Transfer Tuesdays and other programs designed to aid new first-year and transfer students in their transition and connection to CSUSB. The I'm First Alliance, a program specifically for first-generation college students (students whose parents have not received a four-year degree), is also coordinated through our office.

Santos Manuel Student Union (SMSU)

(909) 537-5940 SMSU website (https://www.csusb.edu/smsu/)

The Santos Manuel Student Union (SMSU) North and South buildings serve as a welcoming space for all students to socialize, relax, study, and participate in the campus community. SMSU programs, facilities, and centers offer a diverse range of cultural, social, educational, and recreational activities that support the development of students. Additionally, these services provide free resources such as snacks, school supplies, and personal care items.

SMSU North offers a variety of amenities and services to enhance the student experience. The first floor features the Coyote Lanes Bowling Alley, Coyote Cantina, Coyote Bookstore, The Habit Burger Grill, Panda Express, pool tables, and dining areas. The second floor boasts a spacious 12,000 square foot conference center, an outdoor plaza deck, and numerous spaces for relaxation or study. The third floor houses a variety of cultural centers designed to create safe spaces, foster community, and provide co-curricular programs for students. This includes the APIDA Center, First Peoples Center, Latinx Center, Pan-African Student Success Center, Osher Adult Re-Entry Center, Queer & Transgender Resource Center, and the Women's Resource Center. It also houses Associated Students Incorporated, the Undocumented Student Success Center, and the Office of Student Leadership & Engagement.

SMSU South houses multiple resource centers, campus departments, meeting rooms, lounge space, and study areas for students. The first floor features a multi-purpose Events Center, Financial Literacy Center, The Retreat, Career Center, multiple dining areas, theater, and a state-of-the-art Esports Arena. The second floor includes the Graduate Student Success Center, Program Board office, SMSU Marketing offices, the Office of the Vice President for Student Affairs, the Obershaw DEN, Basic Needs & Student Support, Coyotes Achieve, the Career Center, and the Office of First Year Experience.

For more information on events, facilities, and updates, visit the SMSU website at www.csusb.edu/smsu or follow us on social media @csusb.smsu.

SMSU centers and departments include:

Asian, Pacific Islander, and Desi American Center: SMSU North (SUN-3310)

The Asian, Pacific Islander Center (APIDAC) creates an inclusive space fostering social justice, equity, and student success. Through engaging educational events and community participation, the center affirms and celebrates cultural identities within the API community on campus.

Cross-Cultural Center: SMSU North (SUN-3306)

The Cross-Cultural Center (CCC) invites students to explore issues of identity, ethnicity, and cultural diversity across all backgrounds. Offering programs and services that contribute to personal, educational, cultural, social, political, and professional growth, the CCC also aims to build a sense of community for students from underrepresented backgrounds.

First Peoples Center: SMSU North (SUN-3309)

The First Peoples Center (FPC) is dedicated to supporting the academic achievement and personal success of First Peoples' students while promoting and celebrating traditional heritage at CSUSB. Its programs and services create innovative learning-centered opportunities for students.

Latinx Center: SMSU North (SUN-3308)

The Latinx Center (LC) offers a dynamic and inclusive environment for Latinos/as/x and allies. Striving to foster leadership opportunities and build community through culture, advocacy, and customs, the center is committed to recruiting, retaining, and graduating Latinx students at CSUSB.

Pan-African Student Success Center: SMSU North (SUN-3307)
The Pan-African Student Success Center (PASSC) supports the
academic success, cultural awareness, leadership, and personal
development of people of the African Diaspora. Its programs and services
provide students with a sense of self-worth by focusing on academic
excellence, cultural awareness, leadership development, personal
development, and proactive community engagement.

Osher Adult Re-Entry Center: SMSU North (SUN-3316)

The Osher Adult Re-Entry Center (OARC) serves non-traditional/adult re-entry students, facilitating their transition to or return to university life. Acting as a bridge, the center provides programs and resources to enhance the college experiences of adult/transfer students.

Queer and Transgender Resource Center: SMSU North (SUN-3315)

The Queer and Transgender Resource Center (QTRC) serves the greater campus community through education, advocacy, and social justice. It focuses on creating an inclusive and supportive environment for all university members, including LGBTQIA+ students and allies. QTRC programs and resources educate and advocate on issues such as homophobia, heterosexism, inclusive language, and other sexual orientation or gender identity issues.

Women's Resource Center: SMSU North (SUN-3314)

The Women's Resource Center (WRC) provides support for students by offering a variety of programming and resources that focuses on the lives of women. Committed to addressing sexism and discrimination, the WRC provides a space for students to gather, receive support, and learn tools for social change.

Financial Literacy Center: SMSU South (SUS-111)

The Financial Literacy Center (FLC) empowers students to confidently navigate their finances in a way that supports their overall well-being. Through workshops, coaching, and collaborative efforts, the center equips students with knowledge, skills, and motivation to develop healthy financial habits.

E-Sports Arena: SMSU South (SUS-118)

The SMSU E-Sports Arena (SUS-118) provides a space for students to unwind, socialize, and enjoy free video gaming sessions. The center hosts free competitions, events, and training throughout the semester to help students de-stress and build community within their peers.

Graduate Student Success Center: SMSU South (SUS-202)

The Graduate Student Success Center (GSSC) provides support and community to graduate students at CSUSB. Serving as an information hub from orientation to graduation and beyond, the center supports academic success through tailored workshops, programs, panels, collaborative efforts, and networking opportunities.

Rancho Mirage Student Center: Palm Desert Campus (RG-111)

The Rancho Mirage Student Center (RMSC) serves as the campus social hub for students at the Palm Desert Campus. It provides resources and support that emphasize student success, retention, and graduation rates through student engagement in extra-curricular activities. It strives to enrich the University experience and campus life through entertaining and educational events and activities for students.

Services to Students with Disabilities (SSD)

University Hall, Room 183

(909) 537-5238, TTY (909) 537-7230

Fax: (909) 537-7090, Email: ssd@csusb.edu

Services to Students with Disabilities website (http://ssd.csusb.edu)

The Office of Services to Students with Disabilities (SSD) strives to empower students with disabilities by fostering skills, such as self-advocacy, resourcefulness, and independence. The SSD office works collaboratively with the campus community to remove barriers, promoting an enriched learning environment where students with disabilities can

utilize their skills and pursue their academic and personal development goals.

SSD provides academic accommodations to students who have a documented permanent or temporary disability. All students who are registered with the office are provided with an equal opportunity to participate in programs, services, and activities.

Some of the support services available include but not limited to alternate media, notetaking, smartpens, sign language interpreting and real-time captioning services for the hearing impaired, test-taking accommodations, priority registration, mobility assistance, and temporary medical parking permits. The SSD office is also a resource to faculty and staff members who help students with disabilities meet their educational objectives.

The SSD Office, in collaboration with the California State Department of Rehabilitation (DOR), provides the WorkAbility IV program. WorkAbility IV is designed to create career opportunities for CSUSB students with disabilities that are consumers of DOR. Knowledgeable staff assists registered students with résumé writing and cover letter development; job search skills, strategies, and resources; preparation for job fairs and interviews; networking and personal brand development; internships; job leads and placements; and Federal employment advising (Schedule A and Workforce Recruitment Program).

Both prospective and new students to the university are encouraged to contact SSD early in their CSUSB academic program.

Student Clubs and Organizations

Office of Student Leadership and Engagement (909) 537-5234 Office of Student Leadership and Engagement website (https://www.csusb.edu/student-engagement/)

Student Clubs and Organizations

CSUSB is home to more than 100 student clubs and organizations that offer a wide range of roles and responsibilities. Clubs and organizations provide ready-made laboratories for students to strengthen their leadership skills and opportunities to test classroom learning in a real-world setting. They create their very own experiment with different roles, which help identify strengths, weaknesses, and preferences. Academic, cultural, faith-based, service, and special interest organizations are just a few examples of the types of clubs available to students. Membership in a club or organization is an excellent way to enjoy all the benefits that college life has to offer and to help students find their community. Students will learn how to lead an organization, manage effective meetings, and conduct elections, as well as develop communication, mediation, and public-speaking skills.

Fraternity and Sorority Life

Fraternity (https://www.csusb.edu/student-engagement/) and Sorority membership is a great way to get involved on campus. CSUSB is home to 18 national fraternities and sororities. The fraternity and sorority community at California State University, San Bernardino has had a long rich history dating back to 1986. Since that time, they have had a continued and active presence on campus. The University is supportive of the goals and ideals of the fraternity and sorority community, which complement the mission of the institution. These ideals include academic achievement, personal development, leadership, campus involvement, community service and civic responsibility, and responsible social conduct. In addition to the fraternities and sororities on campus, governing councils and Greek Honor Societies exist to foster relationships between the organizations and set high scholarship standards.

National Student Exchange Program

National Student Exchange (NSE) offers study opportunities at over 150 diverse university settings across the US, US territories, and Canada and provides access to a wide array of courses and programs. Program benefits include academic, cultural, and personal experiences that will enhance the student's undergraduate education. NSE features a tuition reciprocity system that allows students to attend their host institution by paying either the in-state tuition/fees of their host institution or the normal tuition/fees here at Cal State San Bernardino. NSE students can exchange for a single term or a full academic year. Course work completed while on exchange at the host campus is brought back to the home institution and credited to the student's degree program.

Coyote Connection

For more information on campus activities and involvement opportunities, visit Coyote Connection https://csusb.campuslabs.com/engage (https://csusb.campuslabs.com/engage/).

Campus Activities

- Club Fair
- Engagement Expo
- Fraternity / Sorority Recruitment and Engagement
- · Launching Into Leadership Series
- · Social Justice Summit

Involvement Opportunities

- · Clubs and Organizations
- Fraternities & Sororities
- · Leadership Programs
- National Student Exchange

Student Conduct and Ethical Development (SCED)

University Hall, Room 346 (909) 537-7172, Email: student-conduct@csusb.edu Student Conduct and Ethical Development website (https://www.csusb.edu/student-conduct/)

The Office of Student Conduct and Ethical Development is responsible for upholding the Standards for Student Conduct and educating students on their social and ethical responsibilities as members of our University community. Student Conduct Administrators facilitate educational conversations, experiences, and programs that promote student success, enhance learning experiences, and seek to engage students in intentional ways with their communities. The staff comprising the Office of Student Conduct and Ethical Development are committed to ensuring students have safe and healthy living and learning environments in which they are able to engage in campus life, interact with people who have a variety of beliefs and lived experiences, and participate in activities that encourage growth and curiosity, as well as scholarly and creative activity. Being a part of the Coyote community includes responsibilities for students to safeguard the academic mission of the institution; abide by federal, state, and local laws; and uphold the Standards for Student Conduct, University policies, and regulations to maintain a culture of integrity both in and out of the classroom.

The Office of Student Conduct and Ethical Development responds to a variety of behavioral concerns, including academic dishonesty and behavioral complaints. Behavior that is not consistent with the Standards for Student Conduct (https://www.csusb.edu/sites/default/files/upload/file/Student%20Code%20Of%20Conduct.pdf) (Title 5, §41301, California Code of Regulations) or conducive to promoting a safe living and learning community is addressed in accordance with Executive Order 1098 Revised (August 14, 2020) – Student Conduct Procedures (https://calstate.policystat.com/policy/8453518/latest/). Copies of the Standards for Student Conduct and Student Conduct Procedures are available online (https://www.csusb.edu/student-conduct (https://www.csusb.edu/student-conduct)) or via the Office of Student Conduct and Ethical Development, University Hall, Room 346.

Program staff are also available as a resource for consultation and to provide educational workshops or presentations upon request.

Student Health Center (SHC)

Accredited by the Accreditation Association for Ambulatory Health Care (909) 537-5241 Student Health Center website (https://www.csusb.edu/student-health-center/)

Office hours are:

Monday, Wednesday and Thursday: 8:00 a.m. - 5:00 p.m. and Tuesday and Friday: 9:00 a.m. - 5:00 p.m.

The Student Health Center is closed on official university holidays and campus closure dates. Summer hours may vary. Please check the SHC website for availability.

The CSUSB Student Health Center (SHC) supports students' academic success by providing high quality accessible health and psychiatric care as well as health education and wellness services in a safe, confidential and compassionate environment.

We are staffed with caring doctors, physician assistants, nurse practitioners, nurses, medical assistants and health educators. Our services include: limited primary care and psychiatry, immunizations, TB skin tests, labs, prescriptions, physicals, contraception, first aid, reproductive health, medication abortion and care for minor illnesses. The SHC is also conveniently equipped with a pharmacy and laboratory.

The Department of Health Promotion empowers students to achieve optimal health and well-being through engaging and interactive health education programs and activities. Hosted by professional health educators and well-trained peer health educators, these clinics and programs promote not only healthier lifestyles but also a healthier campus culture and an enhanced learning environment.

All regularly enrolled students pay a student health fee and are automatically eligible for health services. There is no fee for routine office visits, however fees may apply for physicals, testing, prescriptions, vaccines and other services. Care beyond our scope may be referred out.

Although basic health care is provided by the Student Health Center, major illness and injury, as well as certain conditions requiring a specialist or hospitalization, are beyond our scope of service. Students requiring additional care will be referred to an outside provider. Students are encouraged to maintain health insurance to help cover the cost of health care received outside the Student Health Center.

Student Health Advisory Committee (SHAC): Students can offer important feedback about services and participate in campus-wide health initiatives through membership on the Student Health Advisory Committee (SHAC). SHAC members work with clinic staff on a variety of critical

issues, health education projects, and also act as liaisons between the CSUSB student body and the Student Health Center.

For the latest information on COVID-19, please visit the Return of the Pack website (https://www.csusb.edu/covid-19/)

Student Immunization Requirements

CSUSB has implemented the following requirements and recommendations in accordance with the California State University (CSU) Policy (Executive Order 803) on immunization requirements and based on authorized campus discretion. This policy applies to undergraduate and graduate students¹, students¹ matriculated in self-support degree programs and K-12 students¹ participating in concurrent enrollment courses entering the CSU in or after fall 2023.

Required Immunizations

CSUSB requires that students are current for the immunizations listed below. This requirement is not an admission requirement but is a condition of enrollment at CSUSB for undergraduate and graduate students¹, students¹ matriculated in self-support degree programs and K-12 students¹ participating in concurrent enrollment courses entering the California State University (CSU) in or after fall 2023.

Required Immunizations:

- Measles, mumps and rubella (MMR): Two doses with the first dose on or after the first birthday; OR positive titer (laboratory evidence of immunity to disease)
- Hepatitis B (Hep B): Students age 18 and younger are required to complete the series. Based on the type of vaccine, the series is either two or three doses. (California Health & Safety Code, Section 120390.5)

Recommended Immunizations and Screenings

Recommended Immunizations to Reduce Outbreaks:

- Influenza (flu): Annually for all students, regardless of age.
- Meningococcal Conjugate (Serogroups A, C, Y, W-135): At least one dose at age 16 or older for student s through age 21.
- Meningococcal B (Meningitis B): Complete series, may be two or three doses, for students age 16 through 21.
- Tetanus, diphtheria, pertussis (Tdap): One dose within the last ten years.

Other Vaccines Recommended for Adults:

- Hepatitis A (Hep A): All students regardless of age.
- Hepatitis B (Hep B): Students age 19 and older.
- Human Papillomavirus (HPV): For all students through age 45.
- Pneumococcal: For all students age 65 and older and for students with certain medical conditions (e.g., severe asthma, diabetes, chronic liver or kidney disease)
- Poliovirus (polio): Regardless of age, if the series was not completed as a child.

Recommended Screening/Risk Assessment:

 Tuberculosis (TB) screening / risk assessment: All incoming students should complete a tuberculosis risk assessment questionnaire. Incoming students who are at higher risk for TB infection, as determined by the screening questions, should undergo testing for TB infection within 30 days of CSUSB entry.

Meeting the Requirement

Students may fulfill the immunization requirements by submitting medical documentation of immunization online through the secure Patient Portal on the Student Health Center website (https://www.csusb.edu/studenthealth-center/).

Exemptions

Students are permitted to seek exemptions to the above immunization requirements for medical or for sincerely held religious beliefs. Students seeking an exemption will be required to submit an Exemption Request Form to the University.

Additional Discretionary Requirements

In the event of a local or campus-based outbreak of a vaccine-preventable disease, the local public health department and/or the California Department of Public Health is authorized to require immunizations beyond those currently required. CSUSB will consult with the appropriate public health authority in case of an outbreak.

Academic Program and Fieldwork or Clinical Placement Requirements

All students enrolled in healthcare fields of study or teacher education programs are required to provide documentation regarding the completion of immunizations and health screenings as established by the state licensing agencies or clinic placement sites or fieldwork sites. Students should contact the academic program for the specific required immunizations, health screenings (e.g., Tuberculosis screening and physical examination) and any other fieldwork or clinic placement requirements.

Registration Holds

Students who are not compliant with the University's immunization requirements may be subject to a registration hold. This hold may be implemented for the second semester of their enrollment at the University and will prevent registration for future terms.

¹Students are defined as all incoming students, with the exception of the following:

- A. Students enrolled in fully online degree programs
- B. Students enrolled in non-credit, professional development/ extended education programs such as Extension or Open University

Student Recreation and Wellness Department

(909) 537-BFIT Recreation and Wellness Department website (https://www.csusb.edu/recreation-wellness/)

The Recreation and Wellness Department offers an exciting array of facilities, programs and services in the areas of fitness, group exercise, well-being, intramural and club sports, aquatics, adventures, and informal recreation. The Department operates several facilities on campus including the Student Recreation & Wellness Center (SRWC), Retreat, Leadership Challenge Center, and Aquatics Center. The marquee 38,000-square-foot SRWC, located at the east end of campus, houses a 34' climbing wall, 8,800-square-foot fitness room, multi-purpose athletic court,

locker rooms, outdoor training area, and two group activity rooms for group exercise, dance, and martial arts classes. The Recreation and Wellness Department is dedicated to providing a variety of safe and enjoyable programs, services, and facilities to meet the diverse needs of the CSUSB community by creating a healthy social environment, enriching the quality of life and enhancing the educational experience. All enrolled CSUSB students, staff, faculty, and Alumni Association members regardless of age, gender, experience, and ability are welcomed.

Fitness

The fitness program offers one-on-one training, buddy training, personal training and group exercise development courses, and fitness assessments as a complement to our state-of-the-art fitness room. The Group Exercise program offers a diverse and robust weekly class schedule. All programs are designed to enhance the participant's experience and facilitate healthy living habits. Equipment and program examples include:

- Treadmills
- · Elliptical Trainers
- · Recumbent/Upright Bike
- Steppers
- Weight Trainers
- · Functional Training Equipment
- · Free Weights
- Plate Loaded Equipment
- Heavy/Speed Bags
- Fitness Consultations & Assessments
- Cardio Classes
- Cycling Classes
- Dance Classes
- Instructional Classes
- Mind/Body Classes
- Sculpt Classes

Well-being @ The Retreat

Located at the heart of campus (1st floor of the Santos Manuel Student Union South Building) is the Retreat. This facility is equipped with everything you need to retreat from your daily stressors including massage chairs, relaxation lounge, mind/body room and nap space. Utilizing the holistic model of well-being created by the Be Well Yotes team, the facility also offers programs related to the many Dimensions of Well-being including financial, physical, emotional, spiritual, social, intellectual, and environmental.

Informal Recreation

The hours of the SRWC are designed to meet the demands of the busy lives of our participants with several opportunities from the early opening hours until the late evening. When there is not organized play in the gymnasium or group exercise rooms, drop-in use is allowed. Members can meet up with friends to shoot hoops or practice their hiphop or martial arts skills. Informal recreation hours will be posted outside of each of the three available rooms.

Climbing Wall

As the centerpiece of the SRWC, a 34' climbing wall offers opportunities for beginner and intermediate classes, belay clinics, open climbing, and social events. All equipment is provided, and a safety orientation and skills test are offered to participants.

Adventure Trips

The unique location of the campus within close proximity to the Pacific coastline, the wilderness of Baja, the peaks of the Sierra Nevada Mountains, and the High Desert allows for a wide range of activities. Participants on trips will learn how to safely explore the great outdoors, develop an appreciation and understanding of their natural surroundings, engage in cultural and urban excursions, experience personal growth, leadership development, learn teamwork and healthy communication skills, and, of course, have fun.

Intramural Sports

The Intramural Sports program offers a variety of sport leagues and tournaments for all skill levels and interests. Opportunities are available for participants who just want to learn a new sport or for the very competitive players who want to own on-campus bragging rights. Intramural sports leagues are designed for players to enjoy themselves in a safe environment. Sports include:

- Basketball
- Flag Football
- Soccer
- eSports
- Softball
- Volleyball
- Bowling
- Indoor Soccer

Sport Clubs

The Sport Club program promotes student participation in a wide range of competitive and recreational sports. Each sport club is managed and run by student leaders. Sport Club participants not only enjoy the rewards of competition, but also gain skills in collaboration, leadership, problemsolving, and financial management. Current clubs include:

- Jui Jitsu
- Tennis
- Women's Soccer (SBC and PDC)
- Men's Soccer (SBC and PDC)
- Badminton Club
- Karate Club
- Cheerleading
- Powerlifting

Aquatics

The Aquatics Center is located behind the Physical Education building. Hours vary and can be found on the Recreation and Wellness webpage. Services include:

- Lap Swimming
- Certification and Training
- · Learn To Swim Instructional Classes

Leadership Challenge Center

The state-of-the-art Leadership Challenge Center provides unique team-building and leadership development programs for CSUSB students, departments, clubs, and teams. The center also serves the surrounding community for groups such as school districts, military, and corporations alike.

Our programs are designed to help teach people how to appropriately build trust in others, increase individual interpersonal skills, social skills, and physical abilities. The Leadership Challenge Center consists of the 50-foot-high structure, as well as low challenge elements built lower to the ground. The team elements section allows teams of two to eight people to work together and support each other in problem solving, as well as an individual/partner portion that emphasizes support and goal setting. The center's programs provide a safe environment that allows participants to step outside their comfort zone, take a risk, learn, and grow.

University Police

911 for emergencies (909) 537-5165 or (909) 537-7777 for police business

The University Police Department is a duly authorized law enforcement agency. The mission of the department is to safeguard the lives and property of the campus community. The department provides professional service to the University community through proactive patrol, diligent crime prevention, and disaster preparedness. We provide these services utilizing our core values of honor, integrity, and a commitment to excellence using a community COP (Campus Oriented Policing) approach. The Department's mission is reflected in our motto "Campus Safety Through Service."

CSUSB's peace officers have statewide police authority, and are vested with law enforcement powers and responsibilities, identical to the municipal police or sheriff's departments in our community. The officers provide a full range of service, including law enforcement, crime reporting and investigation, crime prevention training, motorist assistance, traffic enforcement, accident investigation, lost and found property, disaster preparedness, escorts, and medical and fire emergency response and coordination. The University Police Department provides 24 - hour protection, 365 days a year, and can be reached by dialing 911 for emergencies and (909) 537-5165 or (909) 537-7777 for all other requests.

A complete "Campus Safety Report" is available through the home university web page CSUSB website (http://www.csusb.edu), in a pamphlet from University Police, or from Human Resources. Additional information is available on the university web page under the University Police tab.

Veterans Success Center

(909) 537-5195 Veterans Success Center website (http://veterans.csusb.edu/)

Since opening in May 2012, the Veterans Success Center (VSC) at CSUSB has built a strong reputation throughout the Inland Empire for offering innovative leadership opportunities and education programs. The center is ranked as a top school in the nation by Military Times and as a top military school in the State of California by three top national college guides for veterans. On Nov. 10, 2014, the VSC opened its second location at the CSUSB Palm Desert campus to better serve Coachella Valley veterans and dependents. The center's mission is to support former, current, and future service members of the United States Armed Forces and their dependents with the transition from higher education to career, navigation through their academic experience, and celebration of their service and achievements, by offering high-quality support services, resources, and events. With locations at San Bernardino Campus and Palm Desert Campus, the VSC is a dedicated space that houses computer labs and group rooms for students. Both centers offer dynamic programs that are comprehensive in scope and sensitive to the unique needs of service members. Services include the School Certifying

Official for education benefits, advising, orientation, seminars, a weekly support group, tutoring, IT services, advocacy and referral services, a military veteran's writers group, arts and crafts, and much more. The VSC is dedicated to providing a safe and healthy environment and provides services in hybrid format when necessary.