

Student Life

Office of the Vice President for Student Affairs

Santos Manuel Student Union, Room 222
(909) 537-5185 Student Affairs website (<https://www.csusb.edu/student-affairs/>)

The Office of the Vice President for Student Affairs provides administrative leadership within the division and the university to assist students in the attainment of their educational goals. This is accomplished through advocacy for the provision of numerous student services as well as the intentional creation of programs and environments that enhance a student's learning, leadership potential, personal responsibility, and career development. Specific policies regarding student non-academic and discrimination-related grievances, discipline, and emergency calls for students are administered by this office. A more complete statement on student privacy rights is available in the Academic Regulations and Standards (<http://bulletin.csusb.edu/academic-regulations/>) section of the Bulletin of Courses.

Activities

The diverse interests and lifestyles of students are reflected in numerous activities sponsored by the university, the Santos Manuel Student Union (SMSU), and Associated Students Inc. (ASI). These programs include dances, drama productions, choral concerts, semesterly festivals, musical concerts, guest lecturers, and small group socials.

The university, SMSU, and ASI encourage and aid the formation of organizations, which enhance the educational opportunities of students. These organizations involve students, faculty, and staff working together in professional, recreational, educational, political, service, religious, and cultural activities. University-recognized groups have full use of campus facilities in planning their programs.

To get involved at CSUSB, visit Coyote Connection (<https://csusb.campuslabs.com/engage/>) to find campus events; learn about specific student clubs and organizations, sororities, and fraternities; and explore a variety of campus-wide engagement opportunities.

Alumni Association

(909) 537-3700 Alumni Association website (<http://alumni.csusb.edu/>)

Your CSUSB Alumni Association strives to serve and unite alumni for the purpose of advancing CSUSB and the community. Staying connected to other CSUSB alumni and giving back to your alma mater has never been easier! A portion of every alumni association membership fee is donated to our endowment to support programming, events, chapters, student success, and more.

Join today to stay connected, gain access to exclusive benefits on and off-campus, early registration access to special events, unique volunteer opportunities and so much more!

Connect with us!

Facebook: CSUSB Alumni Relations (<https://www.facebook.com/CSUSBALumniRelations/>)

Instagram: @csusb_alumni (https://www.instagram.com/csusb_alumni/?hl=en)

Twitter: @CSUSBALumni (<https://www.twitter.com/csusbalumni/>)

LinkedIn: CSUSB Office of Alumni Relations (<https://www.linkedin.com/in/csusbalumni/>)

Associated Students Inc. (ASI)

(909) 537-5932 ASI website (<https://www.csusb.edu/asi/>)

The Associated Students, Incorporated (ASI) serves, empowers, and advocates on behalf of the students at California State University, San Bernardino through the representation of student interests and needs, the inclusion of students in the decision-making process, the execution of premier events and services, and the provision of opportunities for students to be productive leaders of the campus community and beyond. Some of the services we offer are:

- **CAB Funding:** The Club Allocation Budget offers funding to chartered campus clubs and organizations for on-campus events and conferences. For more information about the process of applying, contact the Vice President of Finance at asi-finance@csusb.edu or (909) 537-3936.
- **Graphic Design:** The ASI Graphics team provides a variety of design services for chartered student clubs and organizations at no cost. For more information, call (909) 537-7723 or send an email to asi-graphics@csusb.edu.
- **Howl Squad:** ASI's volunteer program offers CSUSB students a chance to get involved in ASI through various leadership opportunities. Students can choose to be part of the event planning process by helping with ASI events or participate in the governance process by serving as a student representative on campus-wide committees. For more information, visit www.csusb.edu/asi/howl-squad/.
- **Programming:** ASI hosts events to engage students in curricular and co-curricular activities that foster a sense of community and campus pride. For information about upcoming events or to submit event ideas, contact asi-programs@csusb.edu.
- **Scholarships:** As a commitment to academic success, ASI offers scholarships through its general fund as well as to the Athletic and Presidential Academic Scholars programs.

Athletics

(909) 537-5011 Athletics website (<https://www.csusbathletics.com/>)

CSUSB Athletics began in the fall of 1984 and sponsors 10 sports. It is a member of the National Collegiate Athletic Association (NCAA) Division II and the California Collegiate Athletic Association.

Admission to all home athletic contests is free to CSUSB students with valid student ID. All home contests, except baseball, take place on the CSUSB campus.

The Coyotes are winners of 13 regional championships and 27 conference titles. The Athletics program promotes Champion Student-Athletes, Champion People, and Champion Performance.

Basic Needs

Santos Manuel Student Union South 224
(909) 537-FOOD (3663)

Email: BasicNeeds@csusb.edu
 Basic Needs website (<https://www.csusb.edu/basic-needs/>)

CSUSB Basic Needs strives to ensure that all Coyotes have access to the resources needed to focus on their education and succeed. We assist all currently enrolled CSUSB students, including undergraduate, credential, graduate, and doctoral students who are experiencing challenges with food insecurity, homelessness, financial crisis, and wellness. Services available include: access to the Obershaw DEN food and hygiene pantry, located in the Santos Manuel Student Union South 224, The PDC DEN food and hygiene pantry, located in Health Science 118, CalFresh application assistance, Swipe Out Hunger Meal Program, emergency housing assistance, emergency grants, and community referrals.

For more information about Basic Needs, please visit the Basic Needs website (<https://www.csusb.edu/basic-needs/>) or contact us at (909) 537-FOOD.

Career Center

(909) 537-5250 Career Center website (<https://www.csusb.edu/career-center/>)

The Career Center at California State University, San Bernardino empowers students and alumni to develop a lifelong skill set for an ever-changing labor market through exploration, programming and experiential learning opportunities to meet their personal and professional goals. To help meet this mission, the Career Center has adopted the National Association of Colleges and Employers (NACE) Career Readiness Competencies. NACE defines career readiness as the attainment and demonstration of requisite competencies that broadly prepare college graduates for a successful transition into the workplace. The NACE Career Readiness Competencies serve as a foundation for the Career Center's services and programs to ensure students are ready for the professional world of work upon graduation. Refer to the legend below to learn more about these competencies.

Services include:

- **On-Campus Recruitment:** The Career Center hosts more than 300 employers every year. Visits include job fairs, networking, on-campus interviews, workshops, and informational sessions.
- **Handshake:** A free online platform for CSUSB students and alumni that allows users to schedule appointments for career counseling, view and apply for jobs/internships, and access to career development resources.
- **Career Counseling:** Counselors are available to assist you with choosing, changing your major, career exploration, identifying internships, writing a résumé or cover letter, mock interviews, conducting a job search, and graduate school preparation.
- **Hispanic Association of Colleges and University (HACU) Conference:** The Career Center hosts a two-day preconference to prepare students for the annual event and HACU's award programs.
- **Internships:** We offer two internship awards, Career Center Internship Award and Explore Internship Award for the academic year, including resources to find on- and off-campus internships year-round.

Children's Center

(909) 537-5928 Children's Center website (<https://www.csusb.edu/childrens-center/>)

The Children's Center's mission is to enable parents of young children to attend CSUSB by providing a preschool program and child care in a nurturing environment which supports the developing child. Services are also available for staff, faculty and community as space permits. The Center is open during the academic year (Monday through Friday, 7:00 a.m.-5:30 p.m.) and during Summer Session (Monday through Thursday, 7:00 a.m.-5:00 p.m., closed Fridays). Ages: 3 years (toilet trained) to 5 years. The school-age program only runs during the summer term and serves children from the ages of 6-12. Additional information regarding fees and availability may be obtained from the Children's Center.

Counseling and Psychological Services (CAPS)

Accredited by the International Association of Counseling Services

Student Health Center Building, West Entrance

(909) 537-5040 Counseling and Psychological Services website (<https://www.csusb.edu/caps/>)

Support from Counseling and Psychological Services is available to currently enrolled students for assistance with personal issues that may interfere with their efforts to achieve education or life goals, including adjustment to campus life, parenting skills, addictions, relationship or life style issues, mood and anxiety disorders, or any other issue of concern. An initial session includes assessment of presenting concerns and recommendations for further counseling at CAPS or referral to a community resource. CAPS is staffed by Licensed Clinical Psychologists, Licensed Marriage and Family Therapists, Licensed Clinical Social Workers and supervised graduate and post-graduate interns. Fees for CAPS' services are covered by the health fee paid at the time of enrollment. Although the demand for counseling services is considerable, appointments are usually made within two weeks of the student's initial contact. In case of emergency, students are seen with minimum delay and can be seen on an urgent walk-in basis. To schedule an assessment, call (909) 537-5040. Open Monday through Friday, call for hours. After hours support can be obtained by calling the main CAPS phone number and selecting the option to speak with a mental health professional.

Community Engagement

Dr. Diane Podolske, Director
 (909) 537-5793

Office of Community Engagement

OCE facilitates service-learning, community-based research and volunteer service by engaging students, faculty and community partners in collaborative partnerships that serve the public good. We lead the university-wide culture of community engagement as a high impact practice that contributes to student success. Contact us at: leaveyourpawprint@csusb.edu.

Housing and Residential Education

Cajon Hall-127 (Coyote Village)

(909) 537-4155 Housing and Residential Education website (<https://www.csusb.edu/housing/>)

Live with the Pack

The Department of Housing and Residential Education (DHRE) takes pride in providing services to students in a safe, well-maintained, inclusive

residential community that supports student success. By fostering a healthy living and learning environment and opportunities for holistic growth and development, DHRE supports students as they pursue academic, personal, and professional goals.

Living on campus is convenient (no commute) and provides residents access to all the great academic and social resources campus has to offer. Residents have a unique opportunity to explore who they are while living in a supportive community of other students, faculty, and staff. Additionally, DHRE offers numerous Living Learning Communities (<https://www.csusb.edu/housing/life-campus/living-learning-communities/>) that support the personal development and academic success of first year, transfer, and continuing residents.

Visit the DHRE website (<https://www.csusb.edu/housing/>) for more information about the residential experience, how to apply for on-campus housing, or to take a virtual tour.

Office of Ombuds Services

Office Room Number: PL-268

Office Number: (909) 537-5635 or Cell Number: (909) 359-5029 Ombuds website (<http://ombuds.csusb.edu>)

The term “Ombuds” is a Swedish word which refers to the people’s representative. The office of Ombuds Services is a confidential, independent, impartial, and informal resource for students, faculty, staff, and community. Services include assisting with conflict resolution, disputes, and complaints, exploring options, facilitating communication between parties in various ways, providing information on policies or procedures and making referrals to other resources which may be helpful.

The Ombuds Officer, Director of Ombuds Service’ goal is to seek constructive and equitable outcomes for any university related concern.

The service is provided free of charge and works in cooperation with campus constituencies to help resolve issues.

Orientation and First Year Experience (OFYE)

(909) 537-5233 | Orientation and First Year Experience website (<https://www.csusb.edu/orientation/>)

Orientation and First Year Experience (OFYE) is responsible for developing and implementing welcome and transition programming for newly admitted freshmen and transfer students and their family members. The New Student Orientation program is coordinated through OFYE. The orientation programs offer dynamic programming for first-year and transfer students in order to equip them with the information needed to better manage their transitions to the university and help set them up for student success here at CSUSB. These transition programs prepare students for academic success, provide knowledge of university resources, encourage involvement in student activities, and help build meaningful relationships. Each orientation program is designed to minimize anxiety and to promote positive attitudes about student success on campus.

There are also great leadership opportunities for students available with OFYE to serve as Orientation Leaders and help with a new students’ transition into the Coyote family. OFYE recruits and trains about 50 students to be Orientation Leaders every year. Applications are available in the fall, with training and the primary workload being in spring and summer.

The first year is a critical time for new students to adjust to CSUSB, but also to learn the skills needed to be a successful student. There are a number of first-year experience programs students can partake in to enhance their university experience, including New Student Convocation, the Ask Me! Campaign, and other programs designed to aid new first-year and transfer students in their transition and connection to CSUSB. The I’m First Alliance, a program specifically for first-generation college students (students whose parents have not received a four-year degree), is also coordinated through our office.

Santos Manuel Student Union (SMSU)

(909) 537-5940 SMSU website (<https://www.csusb.edu/smsu/>)

The Santos Manuel Student Union (SMSU) is a safe space for all Coyotes to gather, relax, grab food, study, and be active in the student community. Through our programs, facilities, and centers we provide students with a variety of cultural, social, educational, and recreational activities.

Our SMSU centers provide students with welcoming environments and provide free resources, including snacks, beverages, school supplies, and personal care items. They also host events tailored to their specific student needs and interests.

The SMSU Resource Centers and departments include:

The Cross Cultural Center provides programs and services to aid in students’ personal, educational, cultural, social, political, and professional growth and to foster a sense of community. Its programs and services create a place for students to explore issues of identity, ethnicity, and cultural diversity. The primary goal of the Cross Cultural Center is to end intolerance by the development of understanding.

The Asian & Pacific Islander Center provides support to API students and serves as a resource to the campus community on Asian & Pacific Islander opportunities. The center provides a welcoming and inclusive environment dedicated to promoting the diversity and appreciation of the API cultures. It provides opportunities and resources for student leadership and builds a strong sense of community at CSUSB.

The First Peoples’ Center serves as a resource to the campus community on First Peoples’ culture and issues. It is dedicated to supporting the academic achievement and personal success of First Peoples’ students while promoting and celebrating all traditional heritage at CSUSB. It provides programs and services to create innovative learning-centered opportunities for students.

The LatinX Center provides a welcoming and dynamic environment that is supportive and inclusive for Latinos/as/x and allies. It strives to provide leadership and build community through programs that enhance culture, advocacy, and customs that will lead to the continued recruitment, retention, and graduation of LatinX students at CSUSB.

The Pan-African Student Success Center supports and promotes the academic success, cultural awareness, leadership, and personal development of people of the African Diaspora. It serves as a resource to the campus community and provides leadership opportunities and builds community through its programs and services. It promotes and supports a sense of self-worth by focusing on developing the following six areas: Academic Excellence, Cultural Awareness, Leadership Development, Personal Development, Proactive Civic and Community Engagement, and Civic Engagement for the people of the African Diaspora.

The Osher Adult Re-Entry Center focuses on the unique lifestyles non-traditional/adult re-entry student learners face upon returning to or

entering school, provides resources for adult re-entry students to help make the most of their college experiences. This includes programs and scholarships such as the Osher Re-Entry Scholarship and Crankstart Re-Entry Scholarship, specifically for eligible adult re-entry students. We strive to serve as a bridge for adult/transfer students.

Program Board focuses on increasing students' connection to campus at CSUSB through free, exciting, and entertaining events such as movie showings, bands, dances and contests held in the SMSU. It also focuses on creating learning experiences for its members, which benefit the students of CSUSB and foster the personal and professional growth of the students.

The Queer and Transgender Resource Center is here to serve the greater campus community through education, advocacy, and social justice. The QTRC focuses on creating an inclusive and supportive environment for all university community members, including lesbian, gay, bisexual, transgender, queer, questioning, and intersex students and their allies. This includes educating and advocating on issues such as homophobia, heterosexism, inclusive language, and other sexual or gender identity issues.

The Rancho Mirage Student Center serves as a resource that emphasizes student success, retention, and graduation rates through student engagement in extra-curricular activities. It strives to enrich the university experience and campus life through entertaining and educational events and activities for students.

Scheduling Services: Reserve your next event in the newly renovated Santos Manuel Student Union (SMSU) at California State University, San Bernardino. We offer a variety of unique meeting spaces, around both our SMSU North and South facilities. We can accommodate lectures, performances, banquets, and meetings of any kind.

The Women's Resource Center (WRC) provides support for students by offering a variety of programming that affects the lives of women. The WRC is committed to addressing sexism and discrimination in all its forms in order to create a more just environment for all. The WRC is a place for students to gather, to gain support, and learn tools for social change.

The Gamer's Lounge is a great place to hang out with your friends and relieve a little stress through some friendly competition. Its proximity to the Food Court makes it an ideal place to have lunch while playing board games, billiards, or playing video games. Throughout the semester, it offers a wide variety of competitions and events.

The Santos Manuel Student Union serves as a space to foster community, promote wellness, develop leaders, and offer enriching co-curricular experiences for all CSUSB students. Our events, services, facilities, and centers serve to better your student experience on campus. For more information on events, facilities, and updates, visit our website at www.csusb.edu/smsu (<http://www.csusb.edu/smsu/>) or follow us on social media @csusb.smsu.

Services to Students with Disabilities (SSD)

University Hall, Room 183
(909) 537-5238, TTY (909) 537-7230
Fax: (909) 537-7090, Email: ssd@csusb.edu
Services to Students with Disabilities website (<http://ssd.csusb.edu>)

The Office of Services to Students with Disabilities (SSD) strives to empower students with disabilities by fostering skills, such as self-

advocacy, resourcefulness, and independence. The SSD office works collaboratively with the campus community to remove barriers, promoting an enriched learning environment where students with disabilities can utilize their skills and pursue their academic and personal development goals.

SSD provides academic accommodations to students who have a documented permanent or temporary disability. All students who are registered with the office are provided with an equal opportunity to participate in programs, services, and activities.

Some of the support services available include but not limited to alternate media, notetaking, smartpens, sign language interpreting and real-time captioning services for the hearing impaired, test-taking accommodations, priority registration, mobility assistance, and temporary medical parking permits. The SSD office is also a resource to faculty and staff members who help students with disabilities meet their educational objectives.

The SSD Office, in collaboration with the California State Department of Rehabilitation (DOR), provides the WorkAbility IV program. WorkAbility IV is designed to create career opportunities for CSUSB students with disabilities that are consumers of DOR. Knowledgeable staff assists registered students with résumé writing and cover letter development; job search skills, strategies, and resources; preparation for job fairs and interviews; networking and personal brand development; internships; job leads and placements; and Federal employment advising (Schedule A and Workforce Recruitment Program).

Both prospective and new students to the university are encouraged to contact SSD early in their CSUSB academic program.

Student Clubs and Organizations

Office of Student Engagement
(909) 537-5234 Office of Student Engagement website (<https://www.csusb.edu/student-engagement/>)

Student Clubs and Organizations

CSUSB is home to more than 100 student clubs and organizations that offer a wide range of roles and responsibilities. Clubs and organizations provide ready-made laboratories for students to strengthen their leadership skills and opportunities to test classroom learning in a real-world setting. They create their very own experiment with different roles, which help identify strengths, weaknesses, and preferences. Academic, cultural, faith-based, service, and special interest organizations are just a few examples of the types of clubs available to students. Membership in a club or organization is an excellent way to enjoy all the benefits that college life has to offer and to help students find their community. Students will learn how to lead an organization, manage effective meetings, and conduct elections, as well as develop communication, mediation, and public-speaking skills.

Fraternity and Sorority Life

Fraternity (<https://www.csusb.edu/student-engagement/>) and Sorority membership is a great way to get involved on campus. CSUSB is home to 18 national fraternities and sororities. The fraternity and sorority community at California State University, San Bernardino has had a long rich history dating back to 1986. Since that time, they have had a continued and active presence on campus. The University is supportive of the goals and ideals of the fraternity and sorority community, which complement the mission of the institution. These ideals include academic achievement, personal development, leadership, campus involvement,

community service and civic responsibility, and responsible social conduct. In addition to the fraternities and sororities on campus, governing councils and Greek Honor Societies exist to foster relationships between the organizations and set high scholarship standards.

National Student Exchange Program

National Student Exchange (NSE) offers study opportunities at over 150 diverse university settings across the US, US territories, and Canada and provides access to a wide array of courses and programs. Program benefits include academic, cultural, and personal experiences that will enhance the student's undergraduate education. NSE features a tuition reciprocity system that allows students to attend their host institution by paying either the in-state tuition/fees of their host institution or the normal tuition/fees here at Cal State San Bernardino. NSE students can exchange for a single term or a full academic year. Course work completed while on exchange at the host campus is brought back to the home institution and credited to the student's degree program.

Coyote Connection

For more information on campus activities and involvement opportunities, visit Coyote Connection <https://csusb.campuslabs.com/engage> (<https://csusb.campuslabs.com/engage/>).

Campus Activities

- Club Fair
- Engagement Expo
- Fraternity / Sorority Informational and Recruitment
- Lead, Impact, Transform Institute
- Social Justice Summit

Involvement Opportunities

- Clubs and Organizations
- Fraternities & Sororities
- Leadership Programs
- National Student Exchange

Student Conduct and Ethical Development (SCED)

University Hall, Room 346
(909) 537-7172, Email: student-conduct@csusb.edu
Student Conduct and Ethical Development website (<https://www.csusb.edu/student-conduct/>)

The Office of Student Conduct and Ethical Development is responsible for upholding the *Standards for Student Conduct* and educating students on their social and ethical responsibilities as members of our University community. Student Conduct Administrators facilitate educational conversations, experiences, and programs that promote student success, enhance learning experiences, and seek to engage students in intentional ways with their communities. The staff comprising the Office of Student Conduct and Ethical Development are committed to ensuring students have safe and healthy living and learning environments in which they are able to engage in campus life, interact with people who have a variety of beliefs and lived experiences, and participate in activities that encourage growth and curiosity, as well as scholarly and creative activity. Being a part of the Coyote community includes responsibilities for students to safeguard the academic mission of the institution; abide by federal, state, and local laws; and uphold the *Standards for Student Conduct*, University

policies, and regulations to maintain a culture of integrity both in and out of the classroom.

The Office of Student Conduct and Ethical Development responds to a variety of behavioral concerns, including academic dishonesty and behavioral complaints. Behavior that is not consistent with the Standards for Student Conduct (<https://www.csusb.edu/sites/default/files/upload/file/Student%20Code%20of%20Conduct.pdf>) (Title 5, §41301, California Code of Regulations) or conducive to promoting a safe living and learning community is addressed in accordance with Executive Order 1098 Revised (August 14, 2020) – Student Conduct Procedures (<https://calstate.policystat.com/policy/8453518/latest/>). Copies of the *Standards for Student Conduct* and *Student Conduct Procedures* are available online (<https://www.csusb.edu/student-conduct>) or via the Office of Student Conduct and Ethical Development, University Hall, Room 346.

Program staff are also available as a resource for consultation and to provide educational workshops or presentations upon request.

Student Health Center (SHC)

Accredited by the American Association of Ambulatory Health Care (909) 537-5241 Student Health Center website (<https://www.csusb.edu/student-health-center/>)

Office hours are:

Monday through Thursday: 8:00 a.m. - 5:00 p.m. • Friday: 9:00 a.m. - 5:00 p.m.

The Student Health Center is closed on official university holidays. Summer hours may vary.

The CSUSB Student Health Center (SHC) supports students' academic success by providing high quality accessible health and psychiatric care as well as health education and wellness services in a safe, confidential and compassionate environment.

We are staffed with caring doctors, physician assistants, nurse practitioners, nurses, medical assistants and health educators. Our services include: limited primary care and psychiatry, immunizations, TB skin tests, labs, prescriptions, physicals, contraception, first aid, reproductive health and care for minor illnesses. The SHC is also conveniently equipped with a pharmacy and laboratory.

The Department of Health Promotion empowers students to achieve optimal health and well-being through engaging and interactive health education programs and activities. Hosted by skilled and well-trained peer health educators, these clinics and programs promote not only healthier lifestyles but also a healthier campus culture and an enhanced learning environment.

All regularly enrolled students pay a student health fee and are automatically eligible for health services. There is no fee for routine office visits, however fees may apply for physicals, testing, prescriptions, vaccines and other services. Care beyond our scope may be referred out.

Although basic health care is provided by the Student Health Center, major illness and injury, as well as certain conditions requiring a specialist or hospitalization, are beyond our scope of service. Students requiring additional care will be referred to an outside provider. Students are encouraged to maintain health insurance to help cover the cost of health care received outside the Student Health Center.

Student Health Advisory Committee (SHAC): Students can offer important feedback about services and participate in campus-wide health initiatives through membership on the Student Health Advisory Committee (SHAC). SHAC members work with clinic staff on a variety of critical issues, health education projects, and also act as liaisons between the CSUSB student body and the Student Health Center.

CSU Immunization Requirements

Immunization requirements are not admission requirements, but are required of students as conditions of enrollment in the CSU.

Entering CSU students are required to present proof of the following immunizations to the CSU campuses they will be attending before the beginning of their first term of enrollment: A.) Measles, Mumps, and Rubella (MMR), B.) Varicella (Chickenpox), C.) Tetanus, Diphtheria and Pertussis (Tdap), D.) Meningococcal conjugate (Serogroups A, C, Y, W-135), and E.) Screening and Risk Assessment for Tuberculosis (TB).

In addition to these **required** vaccines and screenings, the Center for Disease Control and Prevention (CDC) and California Department of Public Health (CDPH) **strongly recommends** several additional vaccinations.

Campus implementation of the required immunizations and screenings shall include provisions for exemptions based on medical considerations only.

Your MyCoyote account will be updated and a hold will be placed if your proof of immunization has not been received by the Student Health Center. For more information, and to find out about additional recommended immunization and screenings, please visit the Student Health Center website (<https://www.csusb.edu/student-health-center/>).

Note: CSUSB will begin following the CSU update immunization requirements for the 2023-24 academic year.

Student Recreation and Wellness Department

(909) 537-BFIT Student Recreation and Wellness Department website (<https://www.csusb.edu/recreation-wellness/>)

The Recreation and Wellness Department offers an exciting array of programs and services in the areas of fitness, group exercise, well-being, intramural and club sports, aquatics, leadership and communication, outdoor adventure, and informal recreation. The Department operates several facilities on campus including the Student Recreation & Wellness Center (SRWC), Retreat, Leadership Challenge Center, and Aquatics Center. The marquee 38,000-square-foot SRWC, located at the east end of campus, houses a 34' climbing wall, 8,800-square-foot fitness room, multi-purpose athletic court, locker rooms, and two group activity rooms for group exercise, dance, and martial arts classes. The Recreation and Wellness Department is dedicated to providing a variety of safe and enjoyable programs, services, and facilities to meet the diverse needs of the CSUSB community by creating a healthy social environment, enriching the quality of life and enhancing the educational experience. All enrolled CSUSB students, staff, faculty, and Alumni Association members regardless of age, gender, experience, and ability are welcomed.

Fitness

The fitness program offers one-on-one training, buddy training, personal training development courses, and fitness assessments as a complement

to our state-of-the-art fitness room. The Group Exercise program offers many weekly group classes in person and virtually. All programs are designed to enhance the participant's experience and facilitate healthy living habits. Equipment and services include:

- Treadmills
- Elliptical Trainers
- Recumbent/Upright Bike
- Steppers
- Weight Trainers
- Functional Training Equipment
- Free Weights
- Plate Loaded Equipment
- Heavy/Speed Bags
- Fitness Consultations & Assessments
- Cardio Classes
- Cycling Classes
- Dance Classes
- Instructional Classes
- Mind/Body Classes
- Sculpt Classes

Well-being @ The Retreat

Located at the heart of campus (1st floor of the Santos Manuel Student Union East Building) is the Retreat. This facility is equipped with everything you need to retreat from your daily stressors including massage chairs, relaxation lounge, mind/body room and nap space. Utilizing the holistic model of well-being created by the Be Well Yotes team, the facility also offers programs related to the many Dimensions of Well-being including financial, physical, emotional, spiritual, social, intellectual, and environmental.

Informal Recreation

The hours of the SRWC are designed to meet the demands of the busy lives of our participants with several opportunities from the early opening hours until the late evening. When there is not organized play in the gymnasium or group exercise rooms, drop-in use is allowed. Members can meet up with friends to shoot hoops or practice their hip-hop or martial arts skills. Informal recreation hours will be posted outside of each of the three available rooms.

Climbing Wall

As the centerpiece of the SRWC, a 34' climbing wall offers opportunities for beginner and intermediate classes, open climbing, and social events. All equipment is provided, and a safety orientation and skills test are offered to participants.

Outdoor Trips

The unique location of the campus within close proximity to the Pacific coastline, the wilderness of Baja, the peaks of the Sierra Nevada Mountains, and the High Desert allows for a wide range of activities. Participants on trips will learn how to safely explore the great outdoors, develop an appreciation and understanding of their natural surroundings, experience personal growth, leadership development, learn teamwork and healthy communication skills, and, of course, have fun.

Intramural Sports

The Intramural Sports program offers a variety of sport leagues and tournaments for all skill levels and interests. Opportunities are available for participants who just want to learn a new sport or for the very

competitive players who want to own on-campus bragging rights. Intramural sports leagues are designed for players to enjoy themselves in a safe environment. Sports include:

- Basketball
- Flag Football
- Soccer
- Dodgeball
- Softball
- Volleyball
- Indoor Soccer

Sport Clubs

The Sport Club program promotes student participation in a wide range of competitive and recreational sports. Each sport club is managed and run by student leaders. Sport Club participants not only enjoy the rewards of competition, but also gain skills in collaboration, leadership, problem-solving, and financial management. Current clubs include:

- Mixed Martial Arts
- Coyote Running
- Women's Soccer
- Men's Soccer
- Badminton Club
- Karate Club
- Cheerleading

Aquatics

The Aquatics Center is located behind the Physical Education building. Hours vary and can be found on the Recreation and Wellness webpage. Services include:

- Lap Swimming
- Certification and Training
- Learn To Swim Instructional Classes

Leadership Challenge Center

The state-of-the-art Leadership Challenge Center provides unique team-building and leadership development programs for CSUSB students, departments, clubs, and teams. The course also serves the surrounding community for groups such as school districts, military, and corporations alike.

Our programs are designed to help teach people how to appropriately build trust in others, increase individual interpersonal skills, social skills, and physical abilities. The Leadership Challenge Center consists of the 50-foot-high structure, as well as low challenge elements built lower to the ground. The team elements section allows teams of two to eight people to work together and support each other in problem solving, as well as an individual/partner portion that emphasizes support and goal setting. The center's programs provide a safe environment that allows participants to step outside their comfort zone, take a risk, learn, and grow.

University Police

911 for emergencies

(909) 537-5165 or (909) 537-7777 for police business

The University Police Department is a duly authorized law enforcement agency. The mission of the department is to safeguard the lives and property of the campus community. The department provides professional service to the University community through proactive patrol, diligent

crime prevention, and disaster preparedness. We provide these services utilizing our core values of honor, integrity, and a commitment to excellence using a community COP (Campus Oriented Policing) approach. The Department's mission is reflected in our motto "Campus Safety Through Service."

CSUSB's peace officers have statewide police authority, and are vested with law enforcement powers and responsibilities, identical to the municipal police or sheriff's departments in our community. The officers provide a full range of service, including law enforcement, crime reporting and investigation, crime prevention training, motorist assistance, traffic enforcement, accident investigation, lost and found property, disaster preparedness, escorts, and medical and fire emergency response and coordination. The University Police Department provides 24 - hour protection, 365 days a year, and can be reached by dialing 911 for emergencies and (909) 537-5165 or (909) 537-7777 for all other requests.

A complete "Campus Safety Report" is available through the home university web page CSUSB website (<http://www.csusb.edu>), in a pamphlet from University Police, or from Human Resources. Additional information is available on the university web page under the University Police tab.

Veterans Success Center

(909) 537-5195 Veterans Success Center website (<http://veterans.csusb.edu>)

Since opening in May 2012, the Veterans Success Center (VSC) at CSUSB has built a strong reputation throughout the Inland Empire for offering innovative leadership opportunities and education programs. The center is ranked as a top school in the nation by Military Times and as a top military school in the state of California by three top national college guides for veterans. On Nov. 10, 2014, the VSC opened its second location at the CSUSB Palm Desert campus to better serve Coachella Valley veterans and dependents. The center's mission is to support former, current, and future service members of the United States Armed Forces and their dependents with the **transition** from higher education to career, **navigation** through their academic experience, and **celebration** of their service and achievements, by offering high-quality support services, resources, and events. With locations at San Bernardino Campus and Palm Desert Campus, the VSC is a dedicated space that houses computer labs and group rooms for students. Both centers offer dynamic programs that are comprehensive in scope and sensitive to the unique needs of service members. Services include the School Certifying Official for education benefits, advising, orientation, seminars, a weekly support group, tutoring, IT services, advocacy and referral services, a military veteran's writers group, arts and crafts, and much more. The VSC is dedicated to providing a safe and healthy environment and provides services in hybrid format when necessary.